

GAARA

SPA



FACE

FACIAL RITUALS



JetPeel Signature

FACE - 45 MINUTES

An advanced 3 step system using medical grade jet propulsion technology. The three steps are customized to your skin concerns; lymphatic drainage~a relaxing jet massage which will detoxify and stimulate microcirculation, hydra dermabrasion will exfoliate and remove dead skin cells, hydro-oration will provide the most effective and deep delivery of active ingredients deep into the skin which will target specific skin concerns leaving your skin clean, healthy, and glowing.

990

JetPeel Deluxe

FACE - 60 MINUTES

An advanced 4 step system customized to your skin concerns; lymphatic drainage~a relaxing jet massage which will detoxify and stimulate microcirculation, hydra dermabrasion will exfoliate and remove dead skin cells, hydro-oration will provide the most effective and deep delivery of active ingredients deep into the skin, the final step is an infusion which will boost the treatment results and target specific skin corners leaving your skin clean, healthy, and glowing. This treatment is finished with Celluma LED Therapy which will boost the efficacy of the treatment as well as target any bad bacteria on the skin with the blue Light, and aid in anti-aging using the Red Light.

1290

Epicuits Lipid Recovery

FACE - 50 MINUTES

This facial is designed to soothe and relax your skin. Powerful active ingredients will help with balancing, toning and improving skin texture. You will experience a full cleanse, exfoliation, ultrasonic extractions if necessary, a full face lipid recovery masque as well as neck and décolleté lipid recovery masque with Epicutis Cold Cryo Globe Massage. This will be followed by Epicutis renowned Lipid Recovery Serum. Your treatment will finish with Epicutis Hyvia Crème.

790

Advanced Skin Analysis

FACE - 30 MINUTES

Harnessing advanced technology, we offer personalized treatment and at-home care recommendations tailored to your unique skincare needs. Our sophisticated skin analysis evaluates over 30 reference points to suggest the most effective non-invasive services for achieving your skin goals. Utilizing state-of-the-art technology from Korea, Japan, Switzerland and the US, along with integrated AI, we provide an in-depth assessment of your skin's current condition.

400



Co₂Lift Pro Carboxy Therapy Facial

FACE - 60 MINUTES

CO₂ LIFT harnesses the natural powers and benefits of carbon dioxide to tighten, lift and rejuvenate the skin. CO₂ LIFT Pro Face offers a superior facial skin rejuvenation experience. Some benefits of CO₂ LIFT may include reducing the look of fine lines and wrinkles, dullness, textural imbalances, dark circles around the eyes, enlarged pores, dryness. This Facial is a simple cleanse followed by application of the treatment masque, during which time you will also have Celluma Led Therapy. This Facial does not Include exfoliation, extractions, or massage.

700

Osmosis Facial Ritual

FACE - 50 MINUTES

This is a bespoke holistic facial which is tailored to your skin concerns and goals. This is the ultimate pampering facial including double cleanse, exfoliation, extractions if necessary, facial massage, different masques, serums, and finishing products.

790

Osmosis Infusion Ritual

FACE - 70 MINUTES

This is the same as the facial ritual, but it includes an extra step. The ultimate holistic total skin rejuvenation is Osmosis Infusion. The infusion heals acne, repairs photo-damage, thickens the dermis, lifts hyperpigmentation, restores capillary flow, and reverses the signs of aging. The high-dose active ingredients and 2.5% Retinaldehyde stimulates collagen and elastin. This treatment generates a 30-day collagen production increase, revitalized cellular turnover, increased circulation, boosted immunity, improved hydration, and complete rejuvenation through skin remodeling, without inflammation. The RevitaPen Pro allows the infusion to penetrate deeper into the skin, leaving you skin with the signature Osmosis Glow.

950



BIOREPEELCL₃® BLUE FACE

REVITALIZING, BEAUTIFYING AND MOSTURIZING
FACE - 30 MINUTES

This innovative treatment peel dissolves the bonds between cells, and carefully removes the top layer of skin, revealing a glowing smooth layer underneath. While exfoliating the skin surface, it also stimulates the production of collagen and elastin. It is a TCA 35% Chemical peel that provides bio stimulation, revitalization, with no sheet peeling. Biostimulation amplifies your fibroblasts to significantly improve the texture of your skin. You will experience instant results, and the revitalization is responsible for healthy skin formation. To achieve these results, the peel contains the following; TCA 35% to improve skin texture, reducing the look of scarring and pigmentation, Salicylic acid to decongest pores and help with excessive oil, Tartaric acid to brighten the skin, Lactobionic acid to ensure better intracellular metabolism, Vitamin C to provide antioxidant effect and strengthen the capillaries, Amino Acids and Vitamin B2 to revitalize and stimulate the formation of healthy new cells.

We recommend this treatment as set of 4 or 6 sessions, spaced out 7-10 days in between.

795

ADD NECK	300
ADD NECK + DECOLATE	700
JETPLASMA	550
JETPEEL HYDRO BOOST	500
POST PEEL KIT BIORELIFE & BIOREHYDRA	500

SKIN PEN

microneedling
FACE - 60 MINUTES

Gaara proudly introduces Collagen Induction Therapy featuring SkinPen microneedling treatment. This advanced procedure offers minimal downtime while significantly improving overall skin texture and tone. It effectively addresses acne scars, fine lines and wrinkles, and can also reduce the appearance of stretch marks and scars on the body. By stimulating the production of collagen and elastin, this treatment promotes comprehensive skin remodeling and rejuvenation.

1200

ADD NECK	400
OTHER BODY PART	400
JETPLASMA (Stretch marks and body scars)	550
EXOSOMES	450



Co₂Lift Pro Carboxy Therapy Treatment

FACE - 45 MINUTES

CO₂ LIFT harnesses the natural powers and benefits of carbon dioxide to tighten, lift and rejuvenate the skin. CO₂ LIFT Pro Face offers a superior facial skin rejuvenation experience. Some benefits of CO₂ LIFT may include reducing the look of fine lines and wrinkles, dullness, textural imbalances, dark circles around the eyes, enlarged pores, and dry skin. Carbon dioxide stimulates oxygen molecules and blood circulation which results in younger-looking radiant skin.

480

Glo2Facial Signature

FACE - 30 MINUTES

The Signature Glo2Facial is a 3 step system that will leave your skin glowing, detoxified, and hydrated.
Step 1: Oxfoliation
This revitalizing step is oxygenating and exfoliating, it nourishes and transforms the skin from the inside out.
Step 2: LUX
Lite Ultrasound experience creates micro vibrations that instantly smooth the skin and increase the permeability of the skin's protective layer, enabling better nutrient absorption from the customized serums.
Step 3: Detox
A relaxing lymphatic massage sculpts the face, delivering instant reduction of redness and puffiness while infusing active ingredients even deeper into the skin.

790

Glo2Facial Deluxe

FACE - 50 MINUTES

The Deluxe Glo2Facial is a 5 step system that will leave your skin glowing, detoxified, and hydrated.
Step 1: Oxfoliation
This revitalizing step is oxygenating and exfoliating, it nourish and transform the skin from the inside out.
Step 2: LUX
Lite Ultrasound experience creates micro vibrations that instantly smooth the skin and increase the permeability of the skin's protective layer, enabling better nutrient absorption from the customized serums.
Step 3: Detox
A relaxing lymphatic massage sculpts the face, delivering instant reduction of redness and puffiness while infusing active ingredients even deeper into the skin.
Step 4: Masque
A customized masque will be selected that will address you top skin concerns.
Step 5: Led Therapy
Celluma LED Therapy will be used to enhance the overall treatment, a combination of Blue, Red, and Near-Infrared light will address a multitude of problems.

990



JETPLASMA FACE

FACE - 20 MINUTES

JetPlasma is a cold plasma treatment which provides a multitude of effects, including but not limited to; Tightening, Lifting, Diminishing hyperpigmentation and restoring the Skin Biome. JetPlasma may also help with acne and acne scarring. Sessions may be performed every two days. A set of 6-9 sessions spaced 2 to 3 days apart is shown to amplify effects. There is no pain and no downtime. Treatment is followed by PLATED serum which is a premium curated product that will amplify the treatment.

550

ADD FACE + NECK

650

ADD FACE + NECK + DÉCOLLETÉ

750

LED THERAPY BY CELLUMA Enhancement

FACE - 20 MINUTES

LED Light therapy can increase circulation, accelerate tissue repair, kill acne bacteria, decrease inflammation, improve skin tone, improve skin texture, improve skin clarity, and decrease the look of fine lines and wrinkles. LED light therapy can ease muscle and joint pain, stiffness, muscle spasms, and the pain associated with arthritis. Research indicates that cells absorb particles of light (photons) and transform their energy into adenosine triphosphate (ATP) which is the form of energy that cells utilize. Increased ATP powers metabolic processes; synthesizing DNA, RNA, proteins, enzymes, and other products required to repair or regenerate cell components. It fosters mitosis or cell proliferation, and restores homeostasis. Simply put, the LED light source provides compromised cells with added energy to enhance their performance. LED therapy can aid in the treatment of a multitude of skin concerns.

200

MICRO CURRENT Enhancement

FACE - 20 MINUTES

Microcurrent technology plumps and rejuvenates your skin, smooths fine lines and wrinkles, strengthens facial muscles, and increases your natural glow. Recommended for everyone - especially for those with aging skin and sun damaged skin.

250

BT-TITAN Enhancement

FACE - 20 MINUTES

BT-TITAN Micro exfoliation helps to create beautiful luminous skin. Nano silicone tips are used in lieu of needles, these do not penetrate the living layers of skin. A special Aquafuse Tech Peel will be applied to your skin using a trio of glycolic, lactic and salicylic acids. Free radicals will be reduced leaving skin looking silky, smooth, illuminated and hydrated. After BT-TITAN treatment, skin texture will be smooth, balanced and your complexion will be beautifully clear. A premium masque is available to amplify your results. We recommend the Epicutis lipid recovery masque following BT-TITAN.

230

HYDRAFACIAL RITUALS



HydraFacial Signature

FACE - 45 MINUTES

Experience a thorough cleanse, exfoliation, extraction, and hydration with our Signature HydraFacial. This quick and effective treatment is perfect for those seeking a comprehensive yet time-efficient skincare solution.

990

HydraFacial Deluxe

FACE - 60 MINUTES

Elevate your skincare routine with the Deluxe HydraFacial. Building on the Signature treatment, this option includes a booster serum and LED light therapy to address specific skin concerns and goals, providing a more targeted and enhanced facial experience.

1290

HydraFacial Platinum

FACE - 70 MINUTES

Indulge in the ultimate facial with our Platinum HydraFacial. This all-encompassing treatment includes lymphatic drainage massage and a customized mask. Ideal for those seeking a comprehensive, highly targeted solution to address all skin concerns.

1490

Epicutis HydraFacial

FACE - 80 MINUTES

The Epicutis Hydrafacial is a unique product offering only at Gaara Spa. The Hydrafacial platinum protocol is enhanced by the use of Epicutis products. You will experience the Epictuis booster, and Lipid Recovery Face, Neck, and Décolleté Masks. This treatment will conclude with Epicutis Lipid Serum, Hyvia Crème, and Lipid Body Serum for the Neck and Décolleté.

1690

PERK EYE

300

PERK LIP

300

PERK EYE+LIP

600

HydraFacial body

Hydrafacial Body Treatments provide a luxurious and comprehensive solution for achieving radiant and healthy skin from head to toe. Utilizing state-of-the-art technology, this treatment simultaneously performs deep cleansing, exfoliation, extractions, and intense hydration. Experience the ultimate in body rejuvenation, your skin will look and feel revitalized and luminous.

Back signature
30 min 990
Back clarifying
45 min 1290

SonNext: The Future of Lifting, Tightening, and Firming



Discover the next generation in skin rejuvenation with SonNext, a revolutionary mechanical, non-thermal ultrasound treatment designed to lift, firm, tighten, and reduce the appearance of fat and cellulite. This patented technology also features transdermal infusion, enabling the enhanced delivery and deep penetration of specialized skincare ingredients into the skin.

SonNext Lift Lite

FACE - 30 MINUTES

The Lift Lite will include a facial cleanse followed by SonNext patented mechanical ultrasound facial lifting for 20 minutes and finishing product from Epicutis.

1300

SonNext Lift Pro

FACE - 75 MINUTES

The Lift Pro will include a double facial cleanse from Epicutis and Hydrinity followed by SonNext patented mechanical ultrasound facial lifting for 30 minutes. CozLift Pro Carboxy Therapy Treatment will be applied with Celluma Led Therapy. This is the ultimate facial rejuvenation.

1900

SonNext Neck Enhancement

FACE - 15 MINUTES

Tighten, lift, and firm your neck or help to reduce the appearance of submental fat, and contour your jawline.

600

SonNext Le Corps Petit

BODY - 20 MINUTES

Slim, Firm, Tighten, and Contour any small body area you choose from arms or other areas. SonNext patented mechanical ultrasound body slimming, firming and contouring for 20 minutes.

1400

SonNext Le Corps Grande

BODY - 40 MINUTES

Slim, Firm, Tighten, and Contour any Large body area. Choose from abdomen, thighs,or glutes. SonNext patented mechanical ultrasound body slimming, firming and contouring for 40 minutes. SonNext Le Corps Grande is the ultimate choice for body contouring, or reduction in the appearance of cellulite.

2000



MANICURE PEDICURE

MANICURE PEDICURE



MANICURE

- Gaara Dry Manicure 150
- Gaara Spa Manicure 190
- Margaret Dabbs London Supreme Manicure 250
- Margaret Dabbs London Anti Aging Hand Therapy 300

PEDICURE

- Gaara Dry Pedicure 230
- Gaara Spa Pedicure 270
- Margaret Dabbs London Pure Gold Pedicure 490
- Margaret Dabbs London Supreme Pedicure 320

LEG MASQUE

- Margaret Dabbs London Black 390
- Margaret Dabbs London Yellow 390

POLISH, GEL, ENCHANCEMENTS

- Margaret Dabbs London 60
- Hermes 100
- Luxio Gel 170
- Akzents Luxio Extensions 340
- Extensions Correction 220
- Remove gel 100
- Chrome, French, ombré,
Cat eye, GelPlay 50
- Nail Art from 20+
- Nail Repair 25

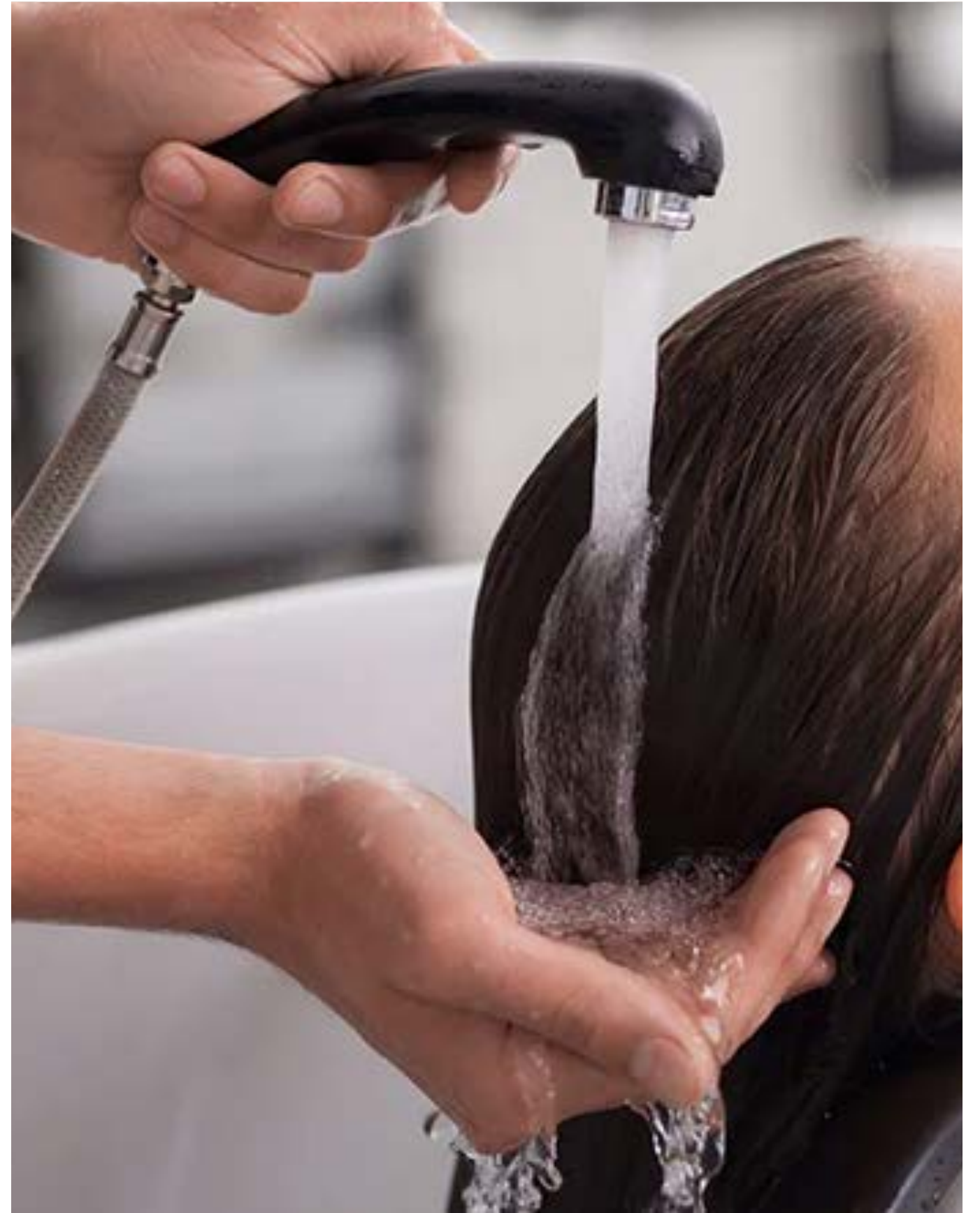
- Epicutis Serum 50
- Gel-Ohh Pedicure 60
- Footlogix 70



HEAD HAIR & SCALP

HEAD, HAIR AND SCALP

Nano Ion Spa Mist with scrub or masque	450
JetPeel	990
JetPlasma	650
Celluma LED Restore Therapy	200





BODY

BODY TREATMENTS

Emsculpt

ABS OR GLUTES

Emsculpt uses EMS technology to contract your muscles beyond what is possible through voluntary effort i.e. gong to the gym, which will yield you better muscle tone and enhanced fat reduction. One session is the equivalent to approximately 20,000 crunches. A set of treatments is recommended for the best possible results.

1 session 950

BIOREPEELCL3® GOLD

REVITALIZING, BEAUTIFYING AND MOISTURIZING

BioRePeelCL3® GOLD is a two- phase topical TCA peel with specific action for back, shoul- ders, buttocks, legs, knees, elbows, hands and feet. BioRePeelCL3® GOLD contains 50% TCA acid enhanced by an innovative and functional mixture of other acids and vitamins.

From 690

Slimming spheres

A high-tech, deep tissue massage which may reduce the appearance of cellulite and aid in lymphatic drainage. Slimming Spheres will leave your skin looking smoother, and your body more toned, and contoured.

30 mins 500
60 mins 700

Ballancer Pro Platinum

UPPER OR LOWER BODY

Slip into Ballancer Pro’s touchless compression therapy suit and let this technology boost your wellness and immune system, relax your body, reduce water weight, improve skin tone, detoxify your body and speed up recovery time after a tough workout. Choose from upper body or lower body options to help flush lymphatic fluid from the body. The Ballancer® Pro is the safest and most state-of-the-art compression therapy system. Backed by decades of medical research and based on the principles of manual lymphatic drainage this technology is “light years” ahead of any compression therapy system. The Ballancer® Pro has been coined “The Rolls Royce of Lymphatic Massage”.

30 mins 700
40 mins 850
60 mins 950

Gaara Massage

A customized massage which may include relaxing, deep tissue, Swedish, and sports techniques.

60 mins 450
90 mins 600

Specialty Massages

Your choice of lymphatic drainage, Elo advance hot stones, prenatal pregnancy massage, or contouring wood madero therapy.

60 mins 500
90 mins 650

Glo2Body Facial

This treatment is the ultimate in body pampering using the Geneo X Glo.
Step 1: Oxfoliation
This revitalizing step is oxygenating and exfoliating, it nourishes and transforms the skin on your body from the inside out.
Step 2: LUX
Lite Ultrasound experience creates micro vibrations that instantly smooth the skin and increase the permeability of the skin’s protective layer, enabling better nutrient absorption from the customized serums.
Step 3: Detox
A relaxing lymphatic massage helps the serum penetrate the skin.
Step 4: Led Therapy
Celluma LED Therapy will be used to enhance the overall treatment, a combination of Blue, Red, and Near-Infrared light will address a multitude of problems.
Step 5: Epicutis Lipid Body Serum

Back or Glutes
790

Full Body
1400



EYELASH EXTENSION

Classic 1D	500
2D	550
3D	600
4D	650
Mega Volume	700
Bottom Lashes	300
Wet, Kylie or Other Styles	+50
Removal	200
Eyelash Lift	400
Eyebrow Lamination	400

Eyelash Extensions Refill within 14 days -100

GARA
SPA